



# IS YOUR SALON “EYEWEAR COMPLIANT?” A Quick 10-Question Quiz

By Brenda Fishbaugh

1. Disposable eyewear can only be used once.  
☐ True ☐ False
2. The elastic straps that come with goggle-style protection don't need to be worn.  
☐ True ☐ False  
☐ Depends on the brand
3. When mixing goggle disinfectant, you must test it with a quaternary strip to ensure you have the correct mixture.  
☐ True ☐ False
4. The FDA requires tanners to wear eye protection during a spray-tan.  
☐ True ☐ False
5. Disposable eyewear “stickers” can be worn flat on the eye or folded into a cone shape.  
☐ True ☐ False
6. You can clean goggles with products not made for that purpose, such as Barbasol, a disinfectant used in the beauty industry.  
☐ True ☐ False

7. To prevent contamination of their personal eyewear, tanners should keep them in a re-sealable bag.  
☐ True ☐ False
8. In the U.S. and Canada, tanning salons are required by law to provide eye protection free of charge.  
☐ True ☐ False  
☐ Only in some states
9. Every leading manufacturer of goggle disinfectant solution recommends that it be mixed fresh daily.  
☐ True ☐ False
10. If you can see through your eyewear, your eyes are not protected from UV rays.  
☐ True ☐ False

## BONUS QUESTION:

11. Goggles should soak in cleaning solution for at least ten minutes.  
☐ True ☐ False

## SCORING

9-10: You passed your State Inspection with flying colors!  
7-8: Time to clean up your act!  
6 or lower: You're out of compliance! ■

1. TRUE: Disposable eyewear is a Class One Medical Product, like tongue depressors and cotton balls. It can legally be used once and then must be disposed of.

2. DEPENDS ON THE BRAND: read the instructions. If goggles come with elastics, they must be worn with them and are not FDA-compliant without them, unless they specifically state otherwise in their directions. Two-piece goggle styles and disposable eyewear are licensed by the FDA to be compliant without elastics.

3. FALSE: Although not required by law, it's strongly recommended you use a quaternary litmus strip to test solution used to disinfect tanning beds and goggles.

4. FALSE: The FDA STRONGLY RECOMMENDS eye protection during a spray-tan, but it's not yet law. Clear disposable eyewear and clear goggles are the best options.

5. FALSE: Disposables are only compliant when directions are followed: the sticker must be folded into a cone shape that is held in place by a medical-grade adhesive.

6. FALSE: Goggle manufacturers do not recommend any disinfectant that contains alcohol, which clouds the lenses (and tanning bed acrylics). Only use goggle disinfectant that is recommended by the manufacturer and follow directions carefully.

7. TRUE: Although not required by any law, make sure your tanners know to keep their goggles in a re-sealable plastic bag or the original container to avoid contamination. Think of goggles like a toothbrush: handle by the handle! Disposable eyewear pairs should NOT be carried in a wallet; paper money harbors abundant bacterial.

8. ONLY IN SOME STATES: The Federal regulation only says that a tanner must wear it during a session. Only three states require eyewear to be provided for free: NY, TX and PA. Three states require that community eyewear NOT be provided – IA, NH and KY – to reduce infections. In all other states, the salon owner can choose whether or not to offer shared goggles.

9. TRUE: Every maker of goggle cleaner follows the requirements of the Environmental Protection Agency (EPA), which requires that goggle and bed disinfectant be mixed daily. Using a quat strip to test solution strength and keeping a test log is also recommended, but not required.

10. FALSE: All eye protection must block UVA and UVB, but must allow the tanner to read warning labels and exit the tanning unit in an emergency. Yes, all eyewear must be see-through!

11. TRUE: In all states, shared goggles are required to soak for at least ten minutes before being worn by another person. It's a good idea to rinse with clean running water, dry thoroughly and store in a covered container after the soak.

## ANSWERS



### About the Author:

Tanning industry veteran Brenda Fishbaugh is president of Eye Pro, Inc., makers of disposable eyewear. She travels extensively training salons on

the effects of UV light on vision.

**EYE PRO**

