1) Disposable eyewear can only be used once.

True

False

2) The elastic straps that come with goggle-style protection don't need to be worn.

True

False

Depends on the brand

3) When mixing goggle disinfectant solution, you must test it with a Quaternary Strip to ensure you have the correct mixture.

False

4) The FDA now requires tanners to wear eye protection during a spraytan.

True

False

5) Disposable eyewear "stickers" can be worn flat on the eye or folded into a cone shape.

True False

6) You can clean goggles with products not specifically made for that purpose, such as Barbasol, a disinfectant used in the beauty industry. False

7) To prevent contamination of their personal eyewear, tanners should keep them in a re-sealable bag. True

8) In the U.S. and Canada, tanning salons are required by law to provide eye protection free of charge. True

False

Only in some states

9) Every leading manufacturer of goggle disinfectant solution recommends that it be mixed fresh daily. True

False

10) If you can see through your eyewear, your eyes are not protected from UV rays.

True False

#### **BONUS QUESTION:**

11) Goggles should soak in cleaning solution for at least 10 minutes. True False

# Is Your Salon's Eyewear **Compliant?**

## A Quick 10-Question Quiz

By Brenda Fishbaugh

### **Answers:**

- 1. TRUE. Disposable eyewear is a Class One Medical Product, like tongue depressors and cotton balls. It can legally only be used once and then must be disposed of.
- 2. DEPENDS ON THE BRAND; read the instructions. If goggles come with elastics, they must be worn with elastics and are not compliant without them. Two-piece goggle styles and disposable eyewear are licensed by the FDA to be compliant without elastics.
- 3. FALSE. Although not required by law, it's strongly recommended you use a strip of quaternary litmus paper to test fluid used to disinfect tanning beds and goggles.
- 4. FALSE. The FDA STRONGLY REC-OMMENDS eye protection during a spray-tan, but it's not yet law.
- 5. FALSE. Disposables are only compliant when directions are followed: the sticker must be folded into a cone shape that is held in place on the tanner's eye by a medical adhesive.
- 6. FALSE. Barbasol disinfectant is not recommended by any goggle manufacturer as it contains alcohol, which clouds the lenses. Only use disinfecting products recommend by your goggle manufacturers and follow directions carefully.
- 7. TRUE. Although not required by any law, make sure your tanners know to keep goggles in a re-sealable plastic bag or the original container so that they are not contaminated by handling or by dirt from a purse, gym bag, etc. Think of goggles like a toothbrush - handle them by the handle! Disposable eyewear stickers should NOT be carried in a wallet – paper money harbors abundant bacteria!

- 8. ONLY IN SOME STATES. The federal regulation only says that a tanner must wear eyewear during a session. Some states such as OH, NY and TX require evewear to be provided for free. In all other states, the salon owner can choose whether or not to offer shared goggles.
- 9. TRUE. Every maker of goggle cleaner follows the requirements of the Environmental Protection Agency (EPA), which requires that goggle and bed disinfectant be made daily. The solution loses its strength quickly. Using a quat strip to test the solution strength and keeping a log of the tests is also recommended, but not required.
- 10. FALSE. All eye protection must block UVA and UVB, but must allow the tanner to read the warning labels and get out of the tanning unit in an emergency. Yes, all eyewear must be see-through!
- 11. TRUE. In all states, shared goggles are required to soak for at least ten minutes before being worn by another person. It's a good idea to rinse with clean running water, dry thoroughly and store in a covered container after the soak.

### Scoring

9-10: You passed your State Inspection with flying colors!

7-8: Time to clean up your act!

6 or fewer: You're Out of Compliance!



About the Author.

Tanning industry veteran Brenda Fishbaugh is president of Eye

Pro, Inc., makers of disposable eyewear. She travels extensively training salons on the effects of UV light on vision. EYE PRO

